

**St. THOMAS SCHOOL KIDWAI NAGAR KANPUR**  
**CLASSICAL DANCE**  
**YEARLY SYLLABUS 2024-25**

**UNIT - I**

- 1) Introduction of Teentaal
- 2) Basic Adavus of Bharatanatyam Pakkadavu footwork -  
Tha Thai Thai Tha  
Dith Thai Thai Tha
- 3) Tatkaar / footwork in Teentaal - Thah (slow speed) And Dugun (double speed)
- 4) Ability to recite & perform 4 simple Todas and 1 Chakradaar Todas and two tihais in Teentaal.

**UNIT - II**

- 1) Recite Teentaal Thah, Dugun and Chaugun of Teentaal Theka on hands.
- 2) Three Gat-Nikas - simple,matki and Bansuri.
- 3) Ability to recite Theka of Dadra and Keharwa taal .
- 4) Ability to perform one dance in Dadra and Kaharwa taal.

**UNIT - III**

- 1) Zhaptaal - Tatkaar/footwork in Thah (slow speed) and Dugun (double speed).
- 2) Ektaal- Tatkaar /footwork -Thah (slow speed) Dugun (double speed)
- 3) Recite Thah , Dugun and Chaugun of Ektaal on hands.
- 4) Names & usages of 10 Asanyukta hasta Mudras as per Abhinay Darpan. Given bellow:
  - Patatka
  - Tri-Pataka
  - Ardha Pataka
  - Kartarimukh
  - Mayur
  - Ardhachandra
  - Araal
  - Shukatunda
  - Mushthi
  - Shikhar